**GPSA Board of Directors Meeting Minutes**

Date: November 8, 2023

Location: Running Man Clubhouse  
800 Running Man Trail  
Yorktown, VA 23693

Time: 7:00 PM

Facilitator: Jeff Griffiths, GPSA President

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| Name | Attendance | Position/Pool | Name | Attendance | Position/Pool |
| Jeff Griffiths | x | President |  |  |  |
| Dan Georgen | x | Vice President | Lisa Lynch | x | Marlbank |
| Jennifer Miller | x | Treasurer | Eric Ballest | - | Marlbank |
| Suzanne Maddock | x | Secretary | Wayne Holden | x | Northampton |
| Lisa Dessoffy | -- | Beaconsdale | Gretchen Gochenour | x | Poquoson |
| Christy Verbeck | x | Beechwood | Cindy Isley | - | Poquoson |
| Steven York | x | Colony | Heather Rowe | x | Riverdale |
| Lindsay London | x | Coventry | Suzanne Maddock | x | Running Man |
| Victoria Mitchell | x | Elisabeth Lake | Lindsey Blackmon | x | Warwick Yacht |
| Luke Ziemba | x | George Wythe | Andra Limbaugh | x | Wendwood |
| Paul Creal | x | Glendale | Whitney Rosario | - | Willow Oaks |
| Joe Blunt | x | Hidenwood | Jay Patel | x | Windy Point |
| Whitney Watkins | - | James River | Lori Sprott | - | Member at Large |
| Adam Steward | x | Kiln Creek | Elizabeth Whetstine | x | Member at Large |

**Agenda Items**

1. Call to Order Meeting was officially started at 7:02pm
2. Roll Call a quorum was established
3. Meeting minutes to be approved next meeting
4. Old Business
   1. Old Meeting Minutes
   2. Nominating Committee
      1. Nominees: Jeff President, Dan a Vice President, Suzy as Secretary, Jennifer as Treasurer. Lori, Elizabeth, and Lisa as members at large (Technically Jeff and Jennifer are also members at large.)
      2. Gretchen made a motion to accept the nominees as is. Lyndsey Blackmon second.
5. New Business
   1. GPSA Rep Training: Lisa and Elizabeth looked at Rep Training
      1. Rules Committee: Reps from each pool. Dan from white, Heather from blue, and Jay Patel from Red. Adam and Jeff will be alternates.
      2. Overview of the year for GPSA (gets closer to the season, they will give a better account for meets)
      3. A step-by-step walkthrough of the season from the GPSA perspective was passed out at the meeting. It is done by month to indicate what happens within GPSA during each month of the year.
      4. Fiscal year of the league is September 1 through August 31. One member from each pool and up to 7 members at large. Currently, we have five members at large. Officer is elected from any pool rep or member at large.
      5. Dan goes at large and Andra L is now the GPSA rep of Wendwood.
         1. Jeff makes a motion to make Dan at Large as VP, second by Elizabeth.
      6. September (Annual Meeting)
         1. Season wrap-up
         2. Committee reports are given
         3. Start of next season
         4. Review of Rules
         5. Election of At Large members
         6. Nominating committee for officers is appointed
         7. Constitutions may be amended at this meeting
      7. November
         1. Election of officers (president, VP, secretary, treasurer, members at large)
      8. January
         1. Agree on season timeline
         2. Schedule committee presents for approval division schedules
      9. March
         1. Finalize any rules changes, especially those that impact season execution
         2. City Meet committee chair share preliminary information and points of contact
      10. April – GPSA Dues due
      11. May
          1. Registration for teams should be in progress
          2. Include City Meet waiver and Code of Conduct agreement on Swimtopia registration
      12. June
          1. Code of Conduct due for Coaches/GPSA reps
          2. Swim clinic
          3. Initial team rosters due
          4. Start of swim season
      13. July/August
          1. 8U Meet
             1. Entries
             2. Fees
             3. Volunteers
             4. Rep (or designated rep) must be present
          2. City meet rosters due
          3. Regular season ends
          4. Scholarships submissions due
          5. Coaches award nominations due
          6. City Meet
             1. Entries
             2. City Meet Ads
             3. Volunteers
             4. Reps
             5. Fees
          7. GPSA dues collected at City Meet
      14. Discussion: Alignment
          1. Is there anyone who wants to move divisions.
          2. Some Blue division teams were not following rules and having Glendale in Blue brought to their attention. This warranted having a GPSA rules discussion for new/old reps.
          3. Four division didn’t work and five teams in one division didn’t work either
      15. Opportunity to look at the year and answer any questions that maybe looking over comes to mind.
      16. Beechwood: They are coming online yet need assistance with rules and getting their pool together.
      17. Swimtopia is $4.50 per swimmer.
      18. Did everyone swim all their meets? Yes, North Hampton swam their last one after the entries were due for City Meet. Will be looking for a new coach. Don’t know what the owner of the land is planning on doing. Talk of digging a new hole and putting a brand-new pool, but it’s a wait and see.
      19. Edgehill, Village Green, and Windsor Grate park might be good candidates to enter GPSA.
      20. New Reps: Read By-Laws and Constitution.
      21. First few meets, members at large to go around and assist new reps at pools.
      22. American Red Cross is going to revise new lifeguard rules. This might be released February 2024. All instructors will need to be retrained. Be advised for cost for American red cross certification for provider is raining $4-6. This might affect staffing for lifeguards.
   2. 64-Swimmer Rule
      1. If you have 64 swimmers or fewer on your rosters, or if you have three or fewer swimmers, those swimmers can swim 4 events instead of 3. This gives smaller pools a chance to swim all events.
      2. This is a roster issue and who pays for Swimtopia. Is there someone monitoring the rosters?
      3. Swimtopia, flag a swimmer as noncompetitive. Those swimmers don’t appear as available. This year, you could check a box to not include your noncompetitive swimmers.
      4. This year are we going to count all swimmers as competitive or allow kids to be on the team without competing. We are here to learn to swim and not compete. Glendale factored in the cost fee per swimmer and team membership fee. Full membership for the pool, then a fee if they have a child that competes. Adjust if a family has three or more swimmers. Strive for 25 the first two weeks of practice. If a child goes through Strive for 25 and cant make the 25 length, they are not allowed on the team. Finalized roster at the end of the Strive for 5. This happens at PQ too. They were never in Swimtopia.
      5. Swimtopia cuts the date of July 1st.
      6. Elizabeth: Someone monitored your roster. Once you remove it, you cant get back on. There was no one monitoring that last year. They are all in Swimtopia so you could move and remove them at will.
      7. There is a difference for marking someone competitive for a meet and back out again.
      8. Export your list and someone can review it. Is there a capability to do this? Just because one pool was good, was another? There is no way to police it.
      9. Jeff: GOOD FAITH. Coaches should know and GPSA should know and understand they cannot add and delete per meet.
      10. Dan can continue to post the new rosters over the old ones on the GPSA website.
      11. Rules committee needs to monitor the rosters as they come in.
      12. NEED A RULES COMMITTEE
      13. Plan, you are paying that $4.50 per swimmer. Noncompetitive. Some coaches were put in as noncompetitive. Do roster export, there is a check box to exclude noncompetitive swimmers. To eliminate, we would have them send everything in the meet manager format.
      14. Clarification: If swimmer is marked competitive, they are on your roster. If they are not, they are not on your roster. If you move up or down, you will need to submit an updated roster. They cannot go back. Cant swim for two teams in the same season.
      15. Intend is not to suppress rosters. The intend was to give smaller blue teams the chance to compete.
      16. Submit your roster: If you have injuries, broken arm, then you resubmit your roster? Yes, those kids cannot go back.
   3. Proposed new event: 8&U Mixed 100M Free Relay
      1. No conclusion was made as of today, but had reps think and have a discussion on whether this is a good event to add.
      2. Want to get and keep little ones involved and interested.
      3. Run this as the new event as the first event of the meet. This might affect the times kids are trying to beat. Event 0, before everything starts. This would be before the IM which theoretically no 8U swim, which would give them rest. Coaches would have to have two kids starting on the turn side.
      4. Riverdale, they would start in the water, so you cannot dive in from one end.
      5. Elizabeth: Do all pools have to do this? If some pools have so many exhibition heats, then maybe they don’t want to run this relay? This needs to be a discussion between reps as to whether they want to run this event.
      6. Good learning experience for kids and excitement.
      7. This would be hard for some of the smaller pools.
      8. Jeff: Can everyone do a good faith to try it and see how it goes next year. This is not a scored event and it is not mandatory, but something new to get littles excited.
      9. 8&U Mixed 100M Relay RULES: This is a bonus event that does not count against your number of events. It can be a mixed event. Best effort. This is not for points.
   4. Revisit 2023-24 BOD meeting schedule
      1. RMRA and RMHA take all the Thursdays. Thoughts on first Thursday of the month or Wednesday?
      2. Wednesday January 10th
      3. Wednesday March 13th
      4. Wednesday May 8th
6. Adjournment
   1. Motion to adjourn –Jeff motion to adjourn. Second Dan. All in favor, yes. Adjourn at 8:05 pm